Ten Pin Tips—

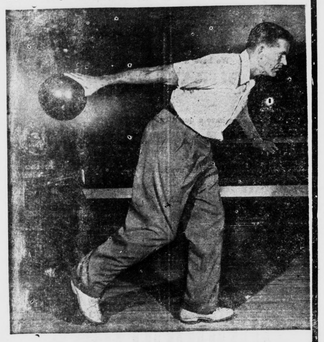
By Joe Norris

(This is the fifth of a series of lessons by Joe Norris, only bowler named to the All-American team eight consecutive times. Norris also has been a member of the world's match game team champions and the ABC and international team champions.)

THIRD STEP

On my third step, I am bringing the ball up toward the peak of the backswing. The knees are still slightly bent, the eyes directed straight forward. The body is relaxed, the ball swinging smoothly in its pendulum arc.

Remember to make your approach with medium speed, and avoid a zig-zag course. Your footwork is the key to your success in bowling. It permits your timing to be so correct that you automatically repeat the same approach, ball swing and delivery on each trip to the foul line.



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From where I sit ... *by* Joe Marsh

Thad's Feet Hurt

After a hard day's work on the farm, Thad's idea of how to spend an evening is to take off his shoes and relax with a mellow glass of beer.

But his missus has other ideas. After being in the house all day she's all for walking to the village if it's only for a social call. Likes to see people, catch the latest gossip. But Thad says, no, his feet hurt! Began to cause unpleasantness in Thad's home.

Then Bill Webster comes up with an idea. If Thad takes the missus to Andy's Corner Tavern, Thad can relax with one glass of beer, and the missus can also chat with all the neighbors there. Each gets his (or her) own way.

Worked, too! In fact, now the missus likes an occasional temperate glass of beer herself. And Thad finds it's pleasanter to enjoy his beer with good companions, rather than alone. In fact, his feet stopped hurting too!

Joe Marsh

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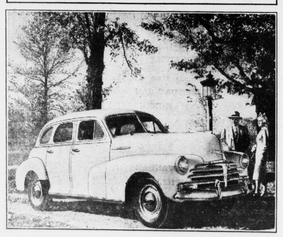
1948 Chevrolet is Massive



The over-all simplicity and massiveness of the new, 1948 Chevrolet is well shown in this three-quarter view of the Fleetmaster Sport Sedan. Fenders, hood, body and door panels all blend; and the crease moulding, below the windows, is wider than that used in previous models. Note the new T-shaped chrome center bar on the radiator grille.

[redacted]

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Pamplin

Pamplin, Dec. 29.- Mr. and Mrs. Kenneth Farrar and daughter, Norma Katherine were holiday guests of Mr. and Mrs. N. E. Farrar.

Holiday guests in the home of Mrs. C. C. Rosser were Mr. and Mrs. N. S Topping, of Hi-burg; Mr. and Mrs. Carl Evans, of Roanoke; Mr. and Mrs. Raymond Rosser, of Appomattox, and Mr. and Mrs. Bob Covington, of Hixburg.

Mrs. N. S. Topping is visiting her brother, Hugh Swan, of Bluefield.

Lawson Pankey was the recent guest in the home of Mr. and Mrs. Howard Gilbert, of Appomattox.

Rev. and Mrs. W. M. Black, Miss Mary Rives Black and Miss Aileen McClenny were dinner guests in the home of Mr. and Mrs. Howard Gilbert, of Appomattox Tuesday.

Kermit Paulette, of Evergreen, was a visitor in the home of Mrs. L. M. Southall and Mrs. H. M. Robertson Sunday evening

Mrs. Beale, of Birmingham, Ala., is spending the holidays in the home of Mr. and Mrs. T. C. Ligon.

Mr. and Mrs. T. L Wood and daughter, Thelma June recently visited in the home of the former's brothers, of Worsham.

Mr. and Mrs. W. R. Brightwell spent Christmas day in the home of the latter's parents ,Mr. and Mrs. Wooton, of Burkeville.

Dr. and Mrs. C. H. McCall and daughter, Nancy Jane Hall, and Peggy Mann were guests in the home of the Rev. and Mrs. A. J. Ponton, of Lynchburg Tuesday.

W. ASwan, W. A. Swan, Jr., and Mr and Mrs. S. Brockwell, of Newport News were guests of Mr and Mrs. R. E. McClenny Christmas day.

Miss Kate Franklin spent the holidays in Richmond with her brother, Dr. J. H. Franklin.

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Cannibalism Termed Frequent in Winter

Cannibalism may be started in the laying house during the winter months due to confinement of birds formerly adjusted to ranges, to lack of proper air, improper housing, floor laying, injured birds left in house, blow-outs and insufficient and improperly constructed nests as well as idleness, crowding and inadequate eating and drinking space. The remedy will lie in removal of the offenders.

Synthetic Process Creates Star Gems

Rubies and Sapphires Made by Man Excel in Beauty.

NEW YORK. — Synthetic star rubies and star sapphires, something new in man-made gems, have been developed, it was announced by the American Museum of Natural History and Linde Air Products company, makers of the gems. The star gems are among the most coveted because there is a pale spot of nearly white light in the center, surrounded by streamers shaped like a star.

One of the star rubies is more than 100 carats. It is bigger than any known natural star ruby.

These synthetic stones are in some cases more beautiful than the natural gems, said Dr. F. H. Pugh, the museum's gem expert who conducted the exhibit.

This does not mean, he explained, that the synthetics surpass all natural stones. They do not. However, he declared wearers will be unable to distinguish between these and the real thing.

Jewelers, however, will have no difficulty in distinguishing between the real and the synthetic, said Pugh, because on the backs of the man-made stones they can see marks, somewhat like rings, that show the growth stages of the synthetics.

Both of the star gems are made of a very fine, white powder, aluminum oxide. This powder is colored blue for sapphires, with either cobalt, ditanium or iron. The powder is colored red for rubies with chromium. The gem is made by depositing this powder in a small stream in a very hot flame of oxygen and hydrogen.

New Guinea Seen as Fertile Field for New Industries

CANBERRA, AUSTRALIA.—Nelson Lemmon, Australian minister for works and housing, said on his return from a tour on New Guinea that the country's great resources "must be developed immediately if it is to remain a possession of Australia and its native people."

Lemmon expressed the view the paper-pulp industry could be developed in tropical New Guinea because there was abundant water for hydro-electric projects, and pine trees grew quickly.

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Beckham

Beckham, Jan. 5.- Miss Faye Weakley has returned to her home near here after having attended the Methodist Youth Conference held in Cleveland, Ohio.

Miss Josephine Martin has resumed classes at Phillips Secretarial College, after spending the holidays at her home here.

We are very sorry to hear of Mrs. H. R. Moore's illness, and we hope she will be well soon.

Truman agrees to drop of 17 billion from Marshall Plan bill.

Play safe- drive carefully.

Austin seeks Soviet support in the Assembly.

Crucial bills are on the agenda for Congress.

Six Simple Rules Listed For Saving Fuel Dollars

MINNEAPOLIS. — American householders can save millions of dollars and help to avert any possible fuel emergency by adopting a simple, six-point program of fuel conservation this winter, according to Thomas McDonald, vice president of Minneapolis-Honeywell Regulator company.

"Six time-tested rules can be the means of saving up to 50 per cent of the fuel budget in many homes," McDonald said. "With mounting costs, this is important from an economic standpoint. It also will be important from the point of comfort, if any emergency should arise."

McDonald urged adoption of these six points:

1. Prevent overheating and maintain uniform temperature. Keep daytime temperature as low as possible consistent with comfort—about 76—and lower the thermostat setting at night. If you have a clock thermostat, it can be set to turn the heat down and up automatically.

2. Turn off heat in unoccupied rooms, including bedrooms during the day. Keep shades drawn and keep windows closed at night.

3. Do not waste hot water.

4. Install storm windows and repair or close openings around doors and windows to effect complete insulation.

5. Replace missing boiler or furnace insulation. Insulate the hot water heater.

6. If in doubt, call your heating dealer for a check for your heating plant.

Haircut and Shave Problem Was New One to This Barber

RACINE, WIS. — Racine police were asked to settle an argument related to the old ditty about the price of a shave and a haircut.

A barber told officials a customer entered his shop and asked for a shave. The barber told the man he would shave him if he also had a haircut.

The man had his haircut, and was shaved.

But he refused to pay the price of the haircut, arguing he wanted only the shave. Then the barber called police.

Authorities sighed and told the barber he'd have to see his attorney.

Soviet Restricts Duty-Free Food for American Embassy

WASHINGTON. — Russia has restricted the amount of goods United States diplomats may import into the U.S.S.R. duty free and this may force a reduction in the Moscow embassy staff, Ambassador Walter Bedell Smith said. Smith, who returned from Moscow for "routine consultations," told newsmen the new rules may curb shipments of food for the embassy staff. He added, however, that talks on relaxing the regulations have been "satisfactory."

Uncle Sam Says

How many things have you had to forego because you did not save up money to pay for them? Perhaps in your own experience you muffed an unusual opportunity to get ahead or to make a dream come true. You simply didn't have enough money. Millions of Americans are buying Savings Bonds either on the partial payment plan where they work or on the Bond-A-Month Plan whereby your bank deducts the full amount of a Bond monthly from the money you have on deposit. They will be ready for opportunities, but how about you?

U. S. Treasury Department

PERSONALS
(Omitted last week)

Wesley Stanley and son, Raymond spent last Friday with his mother, Mrs. Elizabeth Stanley, of Buckingham.

Those who visited in the home of Mr. and Mrs. Wesley Stanley Christmas day were Mr. and Mrs. Harry Belcher and daughter, Judy, of Roanoke, and Mr. and Mrs. Willie Edwards, of Fredericksburg.

Mrs. Wesley Stanley spent Friday in Buckingham with her brother and wife, Mr. and Mrs. Leslie Gowin.

Mrs. Wesley Stanley and children called to see Mrs. Harrington Stanley Monday afternoon.

Raymond Stanley visited in the home of Dewey and Emory Woods Monday afternoon.

Misses Phyllis Doss, of Oakville, and Betty and Vara Page, of Lynchburg called in the home of Misses Alice and Rachel Stanley Saturday.

Richwood

Richwood, Dec. 31.- We extend a New Year's greeting to all.

MissAlma Giles is spending the holidays with her parents, Mr. and Mrs. O. T. Giles.

Mr and Mrs. James Pierco and daughter, of Farmville were weekend guests of Mr. and Mrs. Carter Martin and J. Lloyd Lewis.

Little Miss Helen Lee was born to Mr. and Mrs. Henry A. Garrett on December 19.

Mr. and Mrs. J. M. Clapp, of Richmond were Christmas guests of Mr. and Mrs. H. H. Harvey.

Mr and Mrs. T. T Wooldridge and daughters, Virginia and Marvis visited with Mr. and Mrs. Esmond Pugh Friday.

Murrell Jordan visited with friends in Lynchburg Saturday.

Mrs. Hunter Harvey and Mr. and Mrs. Joe Allen, of Richmond were guests of Mr. and Mrs. H. H. Harvey Friday.

Mr. and Mrs. H. R. Pugh visited with relatives in Lynchburg Sunday.

Floyd Trent spent Friday and Saturday in Lynchburg with his son, daughter and sister.

Herman Pillow visited friends in Lynchburg Friday.

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Advertisement - Courtesy: The Bank of Appomattox

PUSHING its steel structure into the air here is the new 60,000 KW Possum Point Power Station located on the Potomac river and Quantico creek, near Quantico, Va. It is scheduled to go into service in the fall of 1948 and when completed will cost approximately $18,000,000.

BY THIS TIME next year the new *Possum Point* power station should be humming with more power for Virginia and the other areas served by the Virginia Electric and Power Company electric transmission system in West Virginia and North Carolina.

This new station, now well under construction, is located on the Potomac river and Quantico Creek, near Quantico, Virginia, and is one of several major generating additions to the Vepco power system projected over a five-year period which along with transmission and distribution line extensions will cost, all together, about ninety millions of dollars.

Line construction also is going forward on the Vepco system as rapidly as materials and general building conditions will permit. During the year just closed rural and short-line extensions were built by Vepco at a cost of approximately $5,000,000 and about 30,000 new customers were added to Vepco service.

If you are one of those applicants for service who have not yet been reached, you may be assured that Vepco is doing everything it can to connect you as soon as possible. We are every bit as anxious to serve you as you are to be served. In the meantime your patience is greatly appreciated.

VIRGINIA ELECTRIC AND POWER COMPANY